

SHORT COURSE RECORDS

	Male	Female
Course	1:04.44 (Steven Rosinski - 2012)	1:12.56 (Jennie Hansen - 2017)
Swim	0:10.23 (Dan Pierce 2009)	0:11.00 (Abby Delia - 2007)
Bike	0:32.37 (Chuck Coyle - 2015)	0:37.01 (Jennie Hansen - 2017)
Run	0:17.38 (Steven Rosinski - 2012)	0:20.12 (Sarah Loerch - 2014)

INTERMEDIATE COURSE RECORDS

	Male	Female
Course	2:01:15 (Scott Bradley - 2016)	2:26.22 (Kathleen Hayden - 2013)
Swim	0:21.01 (Jeff Henderson - 2006)	0:21.33 (Erika Foster - 2007)
Bike	0:55.47 (Scott Bradley - 2016)	1:08.57 (Kristin White - 2016)
Run	0:33.38 (Steven Rosinski - 2011)	0:39.27 (Jennie Donofrio - 2010)

Note: The overall course and bike course records reflect the new bike course in 2013