

FINGER LAKES TRIATHLON 2018 INTERMEDIATE BIKE COURSE CUE SHEET

AT MILE	TURN	ONTO ROAD	NOTE
0	Right turn out of parking lot	onto Lakeshore	
1	Right	5&20	
2.4	Right	247	
8.3	Right	247/Gorham Rd.	Bear right at traffic triangle onto 247
9.5	Sharp Right	CR 1	
10.5	LEFT	Green Rd.	
11.8	Right	364/E. Lake Rd.	
14.5	CAUTION - WATCH FOR SPRINT COURSE MERGING ON YOUR RIGHT FROM COUNTY Rd 1 - STAY LEFT OF CONES		
17.8	Right	Marvin Sands Dr	Entrance to CMAC/College - follow road up through campus
18.6	Left	Lakeshore	Stay Left
19.5	Left	Back into parking lot to transition	