

FINGER LAKES TRIATHLON SPRINT BIKE COURSE CUE SHEET

AT MILE	TURN	ONTO ROAD	NOTE
0	Right turn out of parking lot	onto Lakeshore	
1	Right	5&20	
2.5	Right	247	
6.2	Right	Lake to Lake	
8	Right	CR 1	CAUTION - WATCH FOR OLYMPIC COURSE MERGING ON YOUR LEFT!
8.8	Right	364	
12.1	Right	Marvin Sands Dr	Entrance to CMAC - follow road up through campus
12.9	Left	Lakeshore	Stay Left
13.7	Left	Back into parking lot to transition	